

PCNA 15th Annual Symposium – Poster Presentations

Full abstracts may be viewed on the PCNA website at www.pcna.net

Poster # 1 *Category: Data-Based Research*

SECONDARY PREVENTION: VIEWPOINTS ON SELF-CARE NEEDS OF MIDDLE-AGED WOMEN FOLLOWING A HEART ATTACK

Chris Haedtke, RN, ADN, PCCN, Ana Schaper, RN, PhD, Gundersen Lutheran Health System, La Crosse, WI

Poster # 2 *Category: Data-Based Research*

COMMUNITY-BASED PARTICIPATORY RESEARCH: THE ROXBURY HEART AND SOUL CLINICAL TRIAL

Mercy W. Kamau, RN, BSN, Eileen M. Stuart-Shor, PhD, ANP, Cherie Snyder, RN, BSN, Albert Kim, RN, MS, Sylma Prevost, AD, College of Nursing and Health Sciences, University of Massachusetts Boston, Boston, MA
Brian K. Gibbs, PhD, Johns Hopkins University, School of Medicine, Baltimore, MD
Marc O'Meara, RD, BS, Daniel E. Forman MD, Brigham and Women's Hospital, Boston, MA

Poster # 3 *Category: Clinical Patient Management*

PREDICTIVE MODELING FOR CARDIOVASCULAR DISEASE IN ASYMPTOMATIC POPULATIONS

Donna Gaudio-Zeale, RN, MSN, The Richard R. Pivrotto Center for Healthy Living, Greenwich Hospital, CT

Poster # 4 *Category: Clinical Patient Management*

CORONARY ARTERY DISEASE HEALTH EDUCATION: BETA-BLOCKER DISCHARGE CALL PROGRAM

Premila M. Kumar, MD, Elizabeth J. Papanu, RN, BSN, CCM, Horizon Blue Cross Blue Shield, Newark, NJ

Poster # 5 *Category: Clinical Patient Management*

COMMUNITY OUTREACH AND ENGAGEMENT THROUGH FORMALIZED SCREENING PROGRAM FOR THE EARLY DETECTION AND PREVENTION OF CARDIOVASCULAR DISEASE

Melissa J. Morrison, RN, MSN, Kelly L. Neal, RN, MSN, MBA, The Washington Hospital, Washington, PA
John S. Wilson, MD, FAAC, Frazier-Hart Cardiology, Inc, Washington, PA

Poster # 6 *Category: Data-Based Research*

STATE OF THE SCIENCE: THE MAGNITUDE OF ACCULTURATION OF MEXICAN-AMERICAN WOMEN AND ITS CLINICAL IMPLICATIONS FOR CARDIOVASCULAR HEALTH PROMOTION

Viola G. Benavente, PhD(c), RN, CNS, University of Pennsylvania School of Nursing, Philadelphia, PA

Poster # 7 *Category: Data-Based Research*

SUCCESSFUL WEIGHT LOSS INTERVENTION UTILIZING AN INTERDISCIPLINARY TEAM MODEL

Elaine M. Walizer, MSN, RN, Joy Halsey, RD, LDN, C, Graeme Buenafior, BS, NASM-C, Nancy Saum, MS, RN, HN, Marina Vernalis, DO, FACC, Henry M. Jackson Foundation, Rockville, MD

Poster # 8 *Category: Data-Based Research*

ADDED VALUE OF AN INTEGRATIVE CARDIOVASCULAR PREVENTION PROGRAM

Maren Mayhew, MS, CRNP, Mariam Kashani, MS, CRNP, Arn Eliasson, MD, Marina Vernalis, DO, Walter Reed Army Medical Center and Jackson Foundation for the Advancement of Military Medicine, Washington, DC

Poster # 10 *Category: Clinical Patient Management*

THE NURSE PRACTITIONER AND COMMUNITY HEALTH EDUCATOR COLLABORATIVE INTERVENTION FOR CARDIOVASCULAR RISK REDUCTION

Mary K. Donnelly-Strozzo, MS, MPH, ACNP-BC, ANP-BC, Amy Barlow, MS, ANP-BC, LaPricia Lewis Boyer, BS, Jeryllyn K. Allen, RN, ScD, FAAN, Johns Hopkins University School of Nursing, Baltimore, MD

Poster # 11 *Category: Data-Based Research*

SUBOPTIMAL CARDIOVASCULAR RISK MANAGEMENT AMONG LOW INCOME URBAN DIABETICS

Cheryl R. Dennison, RN, ANP, PhD, Sarah L. Szanton, CRNP, PhD, Jeryllyn K. Allen, RN, PhD, Johns Hopkins University School of Nursing, Baltimore, MD

Poster # 12 *Category: Data-Based Research*

WEIGHT MANAGEMENT PRACTICES AMONG AMBULATORY CARDIOLOGY HEALTH CARE PROVIDERS

Elizabeth Hooper, RN, BSN, Millie Chisholm, RN, BSN, Adrienne Garo, RN, MSN, Laura Knight, RN, BSN, Theresa Morris, LPN, Melly F. Turner, RN, BSN, Kathy Ward, MSN, APRN, BC, CDE, University of Virginia Health System, Charlottesville, VA

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USING A QUALITY IMPROVEMENT PROGRAM EMBEDDED IN AN ELECTRONIC MEDICAL RECORD TO IMPROVE MEDICATION RECONCILIATION DOCUMENTATION IN AN OUTPATIENT CARDIOLOGY CLINIC

Cherie M. Parks, BSN, RN-BC, Pam DeGuzman, RN, MSN, MBA, The Heart and Vascular Center, University of Virginia Health System, Charlottesville, VA

Poster # 14 *Category: Data-Based Research*

DEPRESSIVE SYMPTOMS ARE IMPORTANT CORRELATES OF DIETARY ENERGY DENSITY IN OVERWEIGHT ADULTS

Daurice A. Grossniklaus, RN, MS, MEd, Beth C. Tohill, PhD, MSPH, Jennifer Frediani, MS, RD, LD, Melinda K. Higgins, PhD, Rebecca Gary, RN, PhD, Sandra B. Dunbar, RN, DSN, FAAN, Emory University, Atlanta, GA

Poster # 15 *Category: Clinical Patient Management*

VASCULAR PATIENT INSULIN PILOT

Lori S. Giles, Heather Whitaker, BSN, Katie Schneider, RN, Athens Regional Medical Center, Athens, GA

Poster # 16 *Category: Clinical Patient Management*

CHANGING CLINICAL PRACTICE: THE USE OF STERILE TRANSPARENT DRESSING VS. PRESSURE DRESSINGS POST FEMORAL SHEATH REMOVAL

Theresa Castillo, MS, RN, CNL, RN-C, Morton Plant Hospital, Clearwater, FL

Poster # 17 *Category: Data-Based Research*

CARDIOVASCULAR RISK FACTOR PROFILE AMONG MIAMI HISPANICS

Connie Ingram, RN, CCRC, Claudia Correa, RD, LD, Maria A. Canosa-Terris, MD, Paul A. Kurlansky, MD, Florida Heart Research Institute, Miami, FL
Mary Comerford, MSPH, University of Miami School of Medicine, Miami, FL

Poster # 18 *Category: Clinical Patient Management*

LEADING THE WAY IN PREVENTION: HOSPITAL BASED COMMUNITY CARDIAC OUTREACH

Barbara L. Emrick, MS RN, Rilla A. Liles, BSN, RN, Susan McCloud, BSN, RN, Kettering Health Network, Kettering, OH

Poster # 19 *Category: Data-Based Research*

EXAMINING MEDICATION ADHERENCE IN OLDER WOMEN FOR SECONDARY PREVENTION OF CORONARY HEART DISEASE (CHD)

Leanne L. Lefler, PhD, ACNS, APN, Donna S. West, PhD, Amy M. Franks, PharmD
University of Arkansas for Medical Sciences, Little Rock, AR

Poster # 20 *Category: Clinical Patient Management*

CARDIOVASCULAR DISEASE RISK REDUCTION AND PREVENTION: DEVELOPMENT AND IMPLEMENTATION OF A GLOBAL WORKSITE CARDIOVASCULAR PROGRAM

Heather K. Young, DNP, MPH, MSN, NP-C, COHN-S, Chevron, Dhaka, Bangladesh
Janis Davis-Street, MS, EdD, CHES, Chevron Service Company, Houston, TX

Poster # 21 *Category: Clinical Patient Management*

CARDIAC REHAB - AN EXERCISE TOOL TO HEALTH AND WELL-BEING

Cassandra R. Pearson, BSN, PHN, Sandra Gharabaghli, MA, BSN, RN, CPHN, Daniel Seidensticker, MD, FACC, Naval Medical Center, San Diego, CA

Poster # 23 *Category: Clinical Patient Management*

QUALITY IMPROVEMENT INITIATIVE TO ASSESS THE EFFECTS OF AN APOLIPOPROTEIN E GENE SPECIFIC DIET ON LIPID PROFILE AND BODY WEIGHT IN AN INTEGRATIVE MEDICINE PRACTICE

Pamela McDonald, FA, WHCNP, PNP, FNP, Elizabeth F. Buselli, PhD, RN, NP, John W. Roberts, MD, John B. Humphrey, MD, Penscott Medical Corporation, Danville, CA

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Poster # 24 *Category: Data-Based Research*

PRINCIPAL RESULTS OF THE EUROASPIRE III SURVEY IN GENERAL PRACTICE: LIFESTYLE, RISK FACTOR AND THERAPEUTIC MANAGEMENT IN PEOPLE AT HIGH RISK OF DEVELOPING CARDIOVASCULAR DISEASE FROM 12 EUROPEAN REGIONS

Catriona Jennings, BA, Kornelia Kotseva, David Wood, MSc, FRCPE, FFPHM, FESC, Imperial College London, UK
Guy De Backer, Dirk Be Bacquer, University of Ghent, Belgium; Ulrich Keil, University of Munster, Germany

Poster # 25 *Category: Clinical Patient Management*

MYACTION: A NOVEL PREVENTIVE CARDIOLOGY PROGRAMME FOR CORONARY PATIENTS (COR), THOSE AT HIGH MULTIFACTORIAL RISK (HRI) OF DEVELOPING CARDIOVASCULAR DISEASE (CVD) AND THEIR PARTNERS IN THE COMMUNITY

Catriona Jennings, BA, Jennifer Jones, Alison Mead, BSc (Hons), PGDip, AdDipDiet, SRD, Susan Connolly, David Wood, Imperial College London, UK; Elizabeth Turner, London School of Hygiene and Tropical Medicine, London, UK

Poster # 26 *Category: Data-Based Research*

LESS WEIGHT GAIN AND A HEALTHIER LIFESTYLE AFTER QUITTING SMOKING IN EUROACTION: A FAMILY BASED PREVENTIVE CARDIOLOGY PROGRAMME FOR CORONARY PATIENTS

Alison Mead, BSc (Hons), PGDip, AdDipDiet, SRD, Catriona Jennings, BA, RN, Jenni Jones, MSc, MCSP, PGCertEd, Elizabeth Turner, PhD, Gary Frost, PhD, RD, David Wood, MSc, FRCPE, FFPHM, FESC, Imperial College, London, UK

Poster # 27 *Category: Clinical Patient Management*

TARGETING INTENSIVE LIFESTYLE SELF MANAGEMENT IN AN INNOVATIVE, INTERACTIVE AND PATIENT FOCUSED MULTIDISCIPLINARY METABOLIC SYNDROME PROGRAM IN CANADA

Susanne Burns, RN, MSN, CCN-C, Kay McQueen, RD, Min Naruki-Van Velzen, BHK, ACSM, Cindy Kam, BSc(OT), Amy Graham, RN, MSN, Sammy Chan, MD, FRCPC, St. Paul's Hospital, Providence Health Care, Vancouver, BC, Canada

Poster # 28 *Category: Clinical Patient Management*

STRENGTHENING DIETARY EDUCATION IN A CARDIOVASCULAR RISK REDUCTION PROGRAM

Shauna B. Ratner, RD, Kay McQueen, RD, Melodie Yong, RD, Janet Katalinic, RD, Heart and Lung Institute, Healthy Heart Program, Vancouver, BC, Canada

Poster # 29 *Category: Clinical Patient Management*

DEVELOPING A PRIMARY PREVENTION PROGRAM FOR WOMEN USING A WOMEN'S CENTRED FRAMEWORK

Natasha L. Prodan-Bhalla, BScN, MN, NP (A), CCN(C), Provincial Health Services Authority, Vancouver, BC, Canada
Susanne Burns, RN, MSN, CCN-C, Providence Health Care, Vancouver, BC, Canada

Poster # 30 *Category: Clinical Patient Management*

CARDIOVASCULAR PREVENTION PROGRAM FOR INPATIENTS: TAKING THE PULSE OF CARDIOVASCULAR HEALTH STATUS AND DESIGNING INTERVENTIONAL STRATEGIES

Maria Teresa Lira, RN, MSN, Sonia Kunstmann, MD, Jaime Mañalich, MD, Clinica Las Condes, Santiago, Chile

Poster # 31 *Category: Clinical Patient Management*

"CONTRACT LEARNING" AS A TOOL TO PROMOTE THE CONCEPT OF PARTNERSHIP WITH PATIENTS AFTER PERCUTANEOUS CORONARY INTERVENTIONS

Camille Kam Tak Ho, MSN, PhD, BSN, Peter King, MD, Hong Kong Adventist Hospital, China
Frances Kam Yuet Wong, PhD BSN, Hong Kong Polytechnic University, China
Christine Ming Ming Lau, The Hospital Authority, Hong Kong, China; Connie Leung, Chi Wing Wong

Poster # 32 *Category: Data-Based Research*

THE EFFECT OF CARDIAC REHABILITATION ON CHANGING PATIENTS' CLINICAL OUTCOMES IN HONG KONG

Sek Ying Chair, PhD, MSN, The Chinese University of Hong Kong, China
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