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Jane Nelson-Worel MS, APRN-BC, APNP is the Coordinator of the Cardiovascular Disease in Women Program at Meriter Hospital, in Madison, Wisconsin. She is an Adult Nurse Practitioner with over ten years of experience in Preventive Cardiology. Areas of clinical interest include the management of patients with complex dyslipidemias, hypertension and metabolic syndrome. She has spent most of her career involved in cardiac rehabilitation and health promotion programs in administrative and program development roles. She is a 3-time graduate from the University of Wisconsin, Madison with both MS and BS degrees in Nursing and an MS in Clinical Exercise Physiology. Ms. Nelson Worel has been a member of PCNA since 1995 and the past Chair of the Great Plains Region of PCNA. She was elected to the Board of Directors in 2004. In addition to being President-Elect, she has served on the Membership Committee and Marketing Committee for PCNA and is co-editor of the PCNA Newsletter. Ms. Nelson Worel is a Fellow of the American Association of Cardiovascular Rehabilitation. She has been active in AACVPR on the local, regional and national level for many years. She is a professional member of the American Heart Association and serves on the National Physical Activity and Metabolism Council's Obesity Committee.

